





MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
		<h1>JANUARY</h1>										<b>1/1/2012</b> Hamburger Stroganoff Noodles Corn Green Beans Apple Juice	
<b>1/2/2012</b> Meatloaf Mashed Potatoes & Gravy Stewed Tomatoes Granola Bar Spiced Apples		<b>1/3/2012</b> BBQ Pork Ribette Hashbrown Cubes Spinach Bun Fresh Fruit		<b>1/4/2012</b> Grilled Chicken Breast Wild Rice Corn Brussel Sprouts Berry Applesauce		<b>1/5/2012</b> Spaghetti & Meatballs Mixed Vegetables Apple Crisp		<b>1/6/2012</b> Roast Pork Stuffing & Gravy Sweet Potatoes Spinach Diced Pears		<b>1/7/2012</b> Cheese Omelet Turkey Sausage Hashbrown Cubes Granola Bar Orange Tangerine Juice Spiced Apples		<b>1/8/2012</b> BBQ Meatballs Rice Broccoli Corn Diced Peaches	
<b>1/9/2012</b> Baked Turkey Mashed Potatoes & Gravy Green Beans Granola Bar Spiced Apples		<b>1/10/2012</b> Tuna Noodle Casserole Corn Stewed Tomatoes Mixed Berry Applesauce		<b>1/11/2012</b> New Orleans Chicken Rice Winter Blend Glazed Carrots Fresh Fruit		<b>1/12/2012</b> Bean Soup with Ham Broccoli Crackers Cherry Crisp		<b>1/13/2012</b> Swiss Steak Mashed Potatoes & Gravy Prince Charles Blend Bread Pudding Fresh Fruit		<b>1/14/2012</b> Swedish Meatballs Noodles Sweet Peas Cauliflower Mixed Berry Juice		<b>1/15/2012</b> Goulash Corn Brussel Sprouts Strawberry Applesauce	
<b>1/16/2012</b> Sweet & Sour Meatballs Rice Peas & Carrots Cauliflower Cinnamon Applesauce		<b>1/17/2012</b> Roast Beef Mashed Potatoes & Gravy Harvard Beets Granola Bar Apple Crisp		<b>1/18/2012</b> Spanish Rice Fiesta Corn Spiced Apples		<b>1/19/2012</b> Chicken & Noodles Corn Green Beans Fresh Fruit		<b>1/20/2012</b> BBQ Chicken Breast Augratin Potatoes Cabbage Wheat Bread Fresh Fruit		<b>1/21/2012</b> Salmon Croquette Wild Rice Corn Broccoli Strawberry Applesauce		<b>1/22/2012</b> Pancakes Turkey Sausage Hashbrowns Orange Tangerine Juice Spiced Apples	
<b>1/23/2012</b> Baked Tilapia Wild Rice Peas Glazed Carrots Fresh Fruit		<b>1/24/2012</b> Meatloaf Mashed Potatoes & Gravy Green Beans Granola Bar Spiced Apples		<b>1/25/2012</b> Pork Cutlet Stuffing & Gravy Winter Squash Broccoli Fresh Fruit		<b>1/26/2012</b> Lemon Chicken Rice Corn Brussel Sprouts Pineapple		<b>1/27/2012</b> Salisbury Steak Mashed Potatoes & Gravy Stewed Tomatoes Bread Pudding Diced Pears		<b>1/28/2012</b> Mushroom Chicken Wild Rice & Gravy Peas & Carrots Corn Apple Juice		<b>1/29/2012</b> Hamburger Stroganoff Corn Green Beans Berry Applesauce	
<b>1/30/2012</b> Baked Chicken Mashed Potatoes & Gravy Glazed Carrots Bread Pudding Fresh Fruit		<b>1/31/2012</b> Chili Hashbrown Cubes Crackers Apple Crisp		 <p><b>Senior Meals Program, Inc.</b>  <b>Hearty Menu</b>  <b>459-3111</b>  <b>All Meals Served With Milk</b></p> 